

monthly mini dates

JANUARY



GET YOUR  
HANDS  
*dirty*



- homemade slime
- homemade gak
- finger painting
- homemade play dough
- memory page

# Homemade Slime

Slime is the BIG thing right now with my boys and their friends. Making slime is a fun way to bond with your son! If your son is young, please make sure that you supervise his play at all times and make sure that he knows not to put the slime in his mouth.

## INGREDIENTS:

1 Bottle of Elmer's Glitter Glue

1/2 teaspoon Baking Soda

1 1/2 tablespoons Contact Lens Solution

containing boric acid. Without boric acid, the slime will not form.

Optional: Add 2 tablespoons to up to 1/2 cup of water for a stretchier slime

Optional: add in extra glitter

## DIRECTIONS:



STEP 1: Get a large bowl for mixing the ingredients in.

STEP 2: Pour the entire bottle of Elmer's Glitter glue into the bowl.

STEP 3: Add the baking soda and mix well. Also add in the water if desired for a stretchier slime.

STEP 4: Slowly add in the contact solution. Mix as you go to make sure you do not add too much. You might not need the full amount.

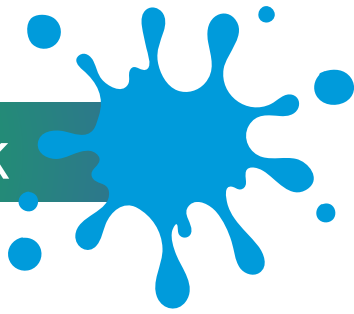
STEP 5: Add in extra glitter (optional)

STEP 6: Mix until slime forms and begins to take shape. Take it out and knead it in your hands. Keep kneading and kneading until it reaches the consistency you want. If it is too sticky, add a bit of lotion or oil to your hands.

You can store the slime in an airtight container when you are done playing and it will last for a very long time.



# Homemade Gak



## INGREDIENTS:

- 2 paper/plastic cups
- 1/2 teaspoon borax
- 1/2 cup water
- 1 tablespoon white glue
- Food coloring (optional)

## DIRECTIONS:

STEP 1: Pour water into one of the cups and dissolve the Borax by stirring.



STEP 3: Add 1 Tbls of the borax solution to the glue and stir with a stick or spoon.



STEP 2: Pour the white glue into the other cup and add about 4 drops of food coloring. Food coloring is totally optional and it is a bit messy so you have been warned. Mix the two together well.



STEP 4: Take the mixture out and knead it around in your hands until it is fully mixed together. It will look really weird at first but will eventually mix all the way together.





# Playdough

Homemade playdough lasts a long time without drying out! Store it in a resealable bag or airtight container when not using.

## INGREDIENTS:

- 1 cup flour
- 1/2 cup salt
- 1 cup water
- 2 tablespoons vegetable oil
- 2 teaspoons cream of tartar

## DIRECTIONS:

STEP 1: Put all ingredients together in a saucepan and cook over medium heat until it boils and becomes thick. Cook an additional 10 seconds or until it pulls away from the pan.

STEP 2: Let cool and knead food coloring into dough.

STEP 3: Play! Use cookie cutters, rolling pins, plastic knives and cups to make anything you'd like!



# Finger Paint

Why you will never buy finger paint again. This is the easiest recipe! You'll want to double it to have lots of fun colors!

## INGREDIENTS:

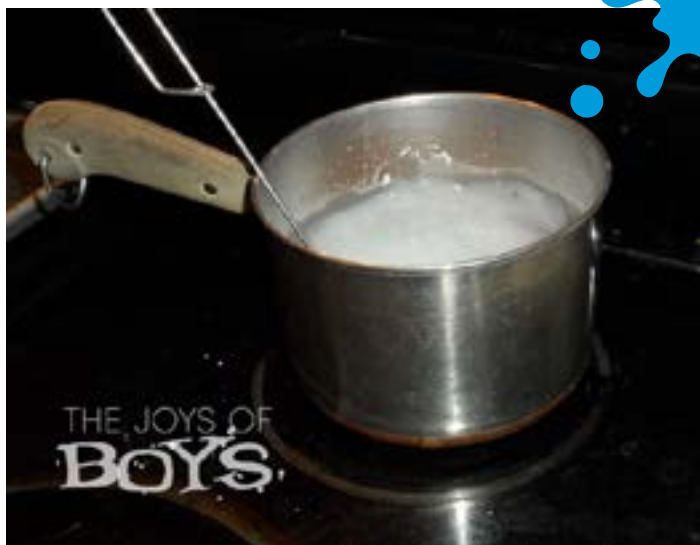
- 1/4 cup cornstarch
- 2 cups cold water
- Food Coloring

## DIRECTIONS:

STEP 1: Mix cornstarch and water together in a sauce pan. Heat over medium heat, whisking constantly until boiling. Remove from heat and cool.

STEP 2: Divide into small containers and add food coloring. Mix well.

STEP 3: Use as finger paint on a large sheet of paper!



# JANUARY

Fun things we did together: \_\_\_\_\_

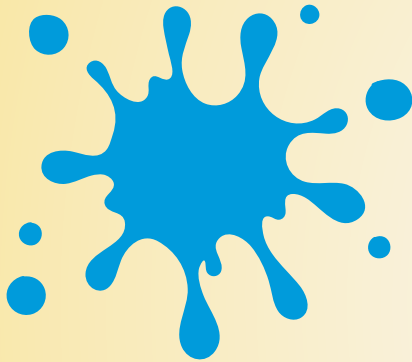
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Our favorite activity:

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place a photo of your favorite memory here

